



Recreation Facilitator - Alyshia - arussell@ioof.com - Ext. 302

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October birthdays John Johnston- October 5th James Steele- October 10th Lorraine Tyson- October 10th Florence Flood-October 13th Anne Panchyshyn- October 25th Natalie Tiahnybok- Octber 30th		Euchre on GW in the activity room every tuesday at 1pm. Pet Therapy tuesdays and fridays in the tv lounge. no pet therapy the 4th friday of the month.	1 9:30am Ball Toss: DTD 9:30am Stroke Program - TR 10:30am Virtual Church Service - AUD	2 1:15pm Flex and Stretch - AUD Fall Decoration Day	3 10:00am Surprise Bingo - AUD 2:00pm Word Games: TL 3:00pm Walk and Talk: FL	4 10:00am Word Games - AUD 3:00pm Puzzles: AR 
5 10:00am Adult Colouring: AR 2:00pm Hymn Sing: TL 	6 10:00am Resident Council & Food Committee Meeting - AUD 1:15pm Flex and Stretch - AUD 1:30pm Relaxing Hands - DTD 2:00pm Armchair Travel: Spain	7 1:00pm Euchre Club: AR 1:00pm Fancy Fingers - DTD 1:30pm Fall Colour Tour 2:00pm Balloon ball: DTD 6:00pm Music Entertainment with Bob Cook	8 9:30am Ball Toss: DTD 9:30am Stroke Program - TR 10:30am Church Service with Tony Her-AUD 2:00pm Mini Horse Visit - AUD	9 10:00am Axe throwing: TL 11:00am Reminiscing: DTD 11:00am Trivia: TL 1:15pm Flex and Stretch - AUD 3:00pm Walk and Talk: FL	10 10:00am Thanksgiving Bingo - AUD 1:00pm Comfort Shoe Haven Sale	11 10:00am Tuck Shop Voucher Bingo - AUD 3:00pm Furry Friends: DTD 
12 2:00pm Hymn Sing 	13 Thanksgiving 10:00am Chair Dancing: TL 1:30pm Relaxing Hands - DTD 2:00pm Thanksgiving Social - AUD	14 11:45am Lunch Outing to Kelsey's 1:00pm Euchre Club: AR 1:00pm Fancy Fingers - DTD 2:00pm Walk and Talk: FL 3:00pm Tv Word Games: TL 6:00pm Painting: AR	15 9:30am Ball Toss: DTD 9:30am Stroke Program - TR 10:30am Church Service with Tony Her - AUD 2:00pm Birthday Party with Paraguinns - AUD	16 11:00am Roman Catholic Communion - AUD 1:15pm Flex and Stretch - AUD 2:00pm Tim Hortons: DTD 	17 9:30am Treat Bingo - AUD 	18 10:00am Halloween Movie Matinee: Goosebumps - AUD 3:00pm My Music: DTD
19 10:00am Chair Yoga: TL 2:00pm Hymn Sing: TL 	20 Diwali 10:00am Euchre club: AR 10:00am Funny Flick: TL 1:15pm Flex and Stretch - AUD 1:30pm Relaxing Hands - DTD 2:00pm Travel Experiences: India - AUD	21 1:00pm Axe Throwing: TL 1:30pm Shopping to Walmart 3:00pm Tv Trivia: TL 6:00pm Music Entertainment with James Skarnikat - AUD	22 9:30am Ball Toss: DTD 9:30am Stroke Program - TR 10:30am Church Service with Tony Her - AUD 2:00pm Tea Social: FL	23 10:00am Ball toss: DTD 10:00am Fancy Finger: DTD 1:15pm Flex and Stretch - AUD 2:00pm Fish Tank Visit: FL	24 10:00am Boo Bingo - AUD 12:00pm Swiss Chalet Order In Luncheon: AUD 	25 10:00am Active Games - AUD 3:00pm Funny Flicks: TL
26 10:00am Hymn Sing: TL 	27 10:00am Guided Art - AUD 1:15pm Flex and Stretch - AUD 1:30pm Relaxing Hands - DTD 2:00pm Reading Aloud: DTD 3:00pm Puzzles: AR	28 11:00am St. George Anglican Church - AUD 11:45am Lunch Outing to St. Louis Bar and Grill 1:00pm Euchre Club: AR 1:00pm Fancy Fingers - DTD 6:00pm Night Time Tales: DTD	29 9:30am Ball Toss: DTD 9:30am Stroke Program - TR 10:30am Church Service with Tony Her - AUD 2:00pm Music with Ian: GW TL	30 10:30am Choir - AUD 1:15pm Flex and Stretch - AUD 2:00pm Halloween Craft: AR	31 Happy Halloween 12:00pm Halloween Costume Parade 2:00pm Halloween Party with Ed Smith - AUD Calendar Delivery Day	

Location Codes: FL: Front Lobby, Aud: Auditorium, SR: Sunroom, CY: Courtyard, MDR: Main Dining Room, DR: Dining room, GW/DR: Georgian Way Dining room, DTD: Door to Door, GW: Georgian Way, BL: Baldwin Lane, TR: Therapy Room, FL: Front Lobby, TV L: TV Lounge, Acti/AR: Activity Room, Vari: Around the Home
All programs Subject to Change** some musical programs may contain religious content